



Natick Recreation and Parks Department

"Create Community through People, Parks and Programs"

2009 Summer Adventure Weeks

READ ALL INFORMATION VERY CAREFULLY

Lottery Registration:

- Lottery Registration Deadline is Wednesday, March 11 at 5:00 pm
- Once Registered there will be ***NO REFUNDS.***



To Register:

- 1) Summer Registration Form filled out **COMPLETELY.**
(Contained in this brochure)
- 2) Your child's ***MOST RECENT*** Physical & Immunization Form Printout
(within 2 years of sessions end)
- 3) Full Payment

ADVENTURE WEEKS

YOUTH ENTERING GRADES 6 - 8 IN THE FALL OF 2009

Participants will meet at Wilson Middle School's Outdoor Basketball Court
Note: All trips will run unless it is determined to be unsafe by instructors/facility.

WEEK 1 - THEME PARK WEEK

We will kick the week off at a local beach and then spend the rest of the week going to different theme parks. We will be going to *Six Flags, Canobie Lake Park and Water Country.*

WHEN: Mon - Thu, Jun 29 - Jul 2
TIME: Mon • 9:00 am - 3:00 pm
Tue & Wed • 9:00 am - 5:00 pm
Thu • 9:00 am - 7:00 pm
FEE: \$255



WEEK 2 - ROCK CLIMBING

This week revolves around the fundamentals of Rock Climbing. Participants should be ready for a physically challenging week. Group initiatives will be utilized in the learning process. Participants will learn the various knots, the belay system, and how to safely ascend/descend a rock wall. On Thursday they will end the week with a trip to Zoar Outdoor Adventure to climb the granite ledges.

WHEN: Mon - Thu, July 6 - 9
TIME: 9:00 am - 3:00 pm • Mon - Wed
7:00 am - 7:00 pm • Thu
FEE: \$255



WEEK 3 - TRIP/PAINT BALL

This week will be spent going to the beach, playing lazer tag, group initiatives, and a day at Paint Ball. Participants will learn about safety associated with various physical activities. The week will end with a trip to a local Paint Ball Facility where they will play timed games, capture the flag, and much more.

WHEN: Mon - Thu, Jul 13 - 16
TIME: 9:00 am - 4:00 pm • Mon - Wed
8:00 am - 5:00 pm • Thu
FEE: \$255



WEEK 4 - WHITE WATER RAFTING/CANOEING

This week revolves around canoes, kayaks, and rafts. Participants should be comfortable with the water. They will learn the proper way to maneuver in the water, utilize a flotation device, and paddle. On Thursday participants will be challenged at Zoar Outdoor Adventure battling the Zoar Gap which are class 2 and 3 white water rapids.

WHEN: Mon - Thu, Jul 20 - 23
TIME: 9:00 am - 3:00 pm • Mon - Wed
8:00 am - 7:00 pm • Thu
FEE: \$255



Participants should...

Be able to complete rigorous activities. Each week participants will be challenged to the best of their ability. They will be completing tasks, working with peers, and learning new skills.

Please contact Jon at the Recreation Department at (508) 647-6530 if there are any questions about skills participants should be able to exhibit.

Participants should bring...

- Sneakers with a good sole
- A change of socks
- A lunch that does not need to be refrigerated
- A snack
- A water bottle
- A backpack
- A towel and bathing suit

Other notes...

Waivers will be required to be signed for various activities by a parent or guardian. These forms will be made available at the beginning of each week. Participants will not be able to attend if this form is not filled out.

Participants will be transported throughout the week. By registering for this program you are giving your permission for staff to transport your child.

Each week an itinerary will be made available. If you need to contact your child during the program, contact the Recreation Department and we will relay the information.

A little about our instructors...

Adam Shute is currently a physical education teacher at Wilson Middle School in Natick, MA. Adam is also a middle school coach for Cross-Country and Track & Field. Adam received his Bachelors degree from Saint Joseph's College of Maine in Physical Education and a Masters Degree from Springfield College in Physical Education. He is trained in CPR, First Aid, and as a Wilderness First Responder. Adam is also trained as a Project Adventure Instructor. Adam enjoys helping kids improve socially and helping kids build more self-confidence through Project Adventure activities.

Andrea Shute became the Director of the After School Activities Program and Early Risers Program in Natick, MA in 2007. She is a graduate of Dartmouth College in Hanover, NH with a dual degree in Psychology and Women and Gender Studies. After graduation, she took over as the Club Sports Director for 26 different club teams and also the Intramural Sports Director that supported over 6,000 students and faculty at Dartmouth College. While in High School, Andrea was a 3-sport Varsity athlete and captain for soccer, basketball and softball.

**Keep an eye out for Recreation Program Info
on the Electronic Scroll Boards!!!**



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2009 • SUMMER REGISTRATION FORM

To be eligible for the Lottery the following must be submitted and received by Lottery Deadline Date:

- Summer Registration Form completely filled out
- **Most Recent Physical Printout** (within 2 years of sessions end) from Doctor *or* Medical Exam Form (available at Cole Ctr.)
- Full Payment

General Data

One Form for Each Camper • Please fill out each line on form (If not applicable, place an N/A)

Name: _____ Date of Birth ____ / ____ / ____
 Last First Middle Initial

Grade Entering Fall, 2009 ____ School _____ Age (as of 6/1/09) ____ M F

Address _____ (____)
 Street Town State & Zip Area Code HOME Telephone

Parent/Guardian _____ (____) _____ (____)
 (Mother) Last First Area Code WORK Phone Area Code CELL Phone

_____ (____) _____ (____)
 (Father) Last First Area Code WORK Phone Area Code CELL Phone

Emergency Contacts • Other Than Parent (State Regulations Mandate 2 Contacts)

1) Name: _____ Relationship: _____
 Address: _____ Telephone #: (____) _____

2) Name: _____ Relationship: _____
 Address: _____ Telephone #: (____) _____

Insurance Information

MANDATORY: MUST BE FILLED OUT

Health Plan/HMO: _____

Policy or Group #: _____

Medical Information/Release Form

- Is there any Medical Information: Disabilities/Allergies NR&PD should be aware of? _____
- Should my child or I be taken to the hospital for emergency purposes, I hereby grant permission to the attending physician and staff to administer anesthesia, medical, x-ray and surgical procedures as may be deemed necessary or advisable.

I understand that an attempt will be made to contact me in an emergency.

- I realize injuries can occur from participation in sports and other activities. I hereby waive, release, absolve, indemnify and agree to hold harmless The Town of Natick, Natick Recreation and Parks Department, their directors, instructors or assignees from any claim arising out of injury to my children or myself.

Parent/Guardian Signature _____ Date ____ / ____ / ____

Programs Desired *	Order of Choice*	Desired			Program Cost
		Week	Dates	Time	

Optional donation for financial aid for the disabled and financially needy of \$1.00 \$ _____

Make Checks Payable to: TOWN OF NATICK Total Cost \$ _____
A \$25.00 fee will be charged for all returned checks

Visa/MC # _____ Expiration Date ____ / ____

PARENT/PARTICIPANT SIGNATURE _____ DATE _____